

# Course Information Sheet Level 3 Train the Trainer Award in Learning Disability and Dementia

## Course Introduction

People with learning disabilities are now living significantly longer. However, as our population grows, they face age related health challenges. In addition, many people living with a learning disability experience significant inequality in accessing timely diagnosis and support. Some are at significantly higher risk of developing dementia, particularly those living with Down Syndrome. Risk reduction, timely diagnosis and targeted enablement strategies are all critical elements of wellbeing. However, working with learning disabilities and dementia is complex. Accessing a timely diagnosis and supporting independence where there are multiple co-morbidities remains a key challenge. This is leading to increasingly poor outcomes for those living with dementia. The presentation of dementia differs in this community and standard dementia awareness training is not fit for purpose.

Dementia may be difficult to spot in this group because of the complex presentation. Support staff working in this area need to be appropriately trained to spot the signs and be able to work proactively to determine individuals at risk. Once someone develops dementia staff need to be trained in how to manipulate the social and physical environment to enable the person to function optimally through the progression of the condition.

This course provides candidates with all the resources to deliver effective, high impact training to support their workforce. The train the trainer course will equip staff with the knowledge they need to upskill their teams with a basic awareness in LD and Dementia.

This course is accredited so candidates will be expected to attend all 3 days sessions and complete the required assessment work.

This Train the Trainer qualification will be valid for three years. Once completed the candidate will be qualified to teach Learning Disability and Dementia training. Candidate should have completed a basic dementia course before starting this qualification.

## Who should attend?

Staff attending should have already completed a basic awareness in dementia and should be working in a learning disability service. This course would suit individuals currently working at a level 3 senior support level.

## What resources are available?

Candidates will receive

- A lesson plan
- Power point presentation
- Handouts
- Activities
- Associated Resources

## How long is the course?

The course is delivered over three days.

### **Dates of Training**

Day 1 25<sup>th</sup> October

Venue: The Redmond Community Centre, Kayani Avenue, N4 2HF

Day 2 26<sup>th</sup> October

Venue: The Redmond Community Centre, Kayani Avenue, N4 2HF

Day 3 22<sup>nd</sup> November

Venue: The Redmond Community Centre, Kayani Avenue, N4 2HF

### **How is the course assessed?**

The course is accredited by Advantage accreditation body. Candidates must complete the assessment to achieve the award.

The assessment includes:

- Completion of a workbook - Learning Disabilities and Dementia
- Completion of a workbook – Teaching Strategies
- Micro Teach presentation

If you have completed a recognised teaching qualification

### **Why should we complete this course?**

Whilst people are living longer with learning disability many health inequalities still exist. Taking a proactive approach to health management supports risk reduction around dementia. Investing in training in the short term can be preventative and reduce costs in the long term.

### **Cost of Course**

Cost of course is £607.64, which includes VAT and all assessment and registration costs.