# SOCIAL WORK

CONTINUED PROFESSIONAL DEVELOPMENT



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### ADULT CARE SERVICES FINANCIAL ASSESSMENT RESPONSIBILITIES ONE FULL DAY

This course is suitable for financial assessment officers, social care assessors and safeguarding practitioners.

**AIM** To understand legal responsibilities in financial assessment and reduce risk of financial abuse.

#### **COURSE OUTCOMES:**

- Identify the key risks and challenges when carrying out financial assessment duties
- Identify safeguarding responsibilities around financial abuse and scams
- Describe the local authority's responsibilities for financial assessment in Care Act
- Explain the core principles in underpinning decision making for ASC charging decisions, including under the Mental Capacity Act
- Identify key roles and responsibilities in financial decisions
- Examine practical difficulties interpreting the Charging regulations and guidance in relation to:
  - a. Disregards- properties, personal injury awards, trusts, assets held abroad, pensions
  - b. Top-ups
  - c. Deprivation of assets- gifts, equity release
  - d. Debt recovery

# AUTISM ONE FULL DAY

**AIM** To understand how to work positively with someone living with Autism.

- State the Autistic Spectrum Disorders
- State the Triad to Dyad of Impairments
- Describe how legal and policy framework informs good practice
- Describe the potential impact of autism on a person life
- Identify strategies to maximise inclusion in assessments
- Describe strength based approaches when working with autism





### CARE ACT ASSESSMENT AND NATIONAL ELIGIBILITY CRITERIA ONE FULL DAY

**AIM:** To understand the requirements of the Care Act during assessment (including advocacy and the wellbeing principle) and the role of critical thinking.

#### **COURSE OUTCOMES:**

- Describe the involvement duties in the Care Act including Suitable persons, advocates, and other people you may be asked to involve
- Identify the range and scope of "proportionate and appropriate" assessments
- Explain ways to take account of the views of others in assessment
- Describe the process of analysis, evidence informed decision making, critical thinking and reflection within the assessment process
- Explain how to defensibly apply the eligibility regulations
- Explain ways to Improve the consistency of "significant impact on wellbeing" in the context of a personalised approach
- Explain how the "unable" definitions apply
- Identify situations where an inability to do something may NOT have significant impact on wellbeing, and how should that be explained and recorded
- Explain the importance of being able to articulate a reasoned, defensible decision
- Describe how to record eligibility decisions and assessments



**AIM:** To understand the requirements of the Care Act during Support Planning (including advocacy and the wellbeing principle) and the role of critical thinking.

- Identify strategies for 'critical thinking' in context of case studies
- Explain how to lawfully balance the views of the person with the resources available to the council
- Describe how "person centred approaches" fit with the statutory planning process
- Explain the process of analysis, evidence informed decision making, critical thinking and reflection within the planning process
- Explain the importance of the specific situation in decision making
- Describe ways to plan creatively to best meet the outcomes that re important to the person





### CONTINUING HEALTHCARE ONE FULL DAY

**AIM:** To understand the National Framework for NHS Continuing Healthcare and NHS-funded Nursing care and local policy and procedures.

#### **COURSE OUTCOMES:**

- State the requirements of the National Framework for NHS Continuing Healthcare and NHS-funded Nursing care and local policy and procedures
- Describe how to use the relevant national tools correctly
- Explain how to work collaboratively to undertake good quality, fair and accurate assessments for NHS Continuing Healthcare (CHC)
- Give examples of sound recommendations in relation to eligibility for CHC
- Give examples of working in a person-centred way with members of the public, respecting and upholding the rights of the person

# CONFLICT RESOLUTION ONE FULL DAY

AIM: To gain confidence in managing conflicts.

- Explain the importance of establishing rapport and building respectful, trusting, honest and supportive relationships with individuals experiencing a mental health problem
- Identify factors which are known to trigger certain kinds of behaviour in individuals
- Explain how an individual's feelings and perception may affect their behaviour
- Identify how own behaviour, and that of others might affect the individual experiencing a mental health problem
- Explain how an individual's behaviour may be a form of non-verbal communication
- Describe ways in which acute illness and the emotions caused by it can affect communication with an individual
- Describe the effect that behaviour that challenges has on individuals and others in the vicinity
- Describe strategies to maintain calmness and safety and enable individuals to find alternative ways of expressing their feelings such as:
  - de-escalation
  - diversion
- Explain ways to encourage individuals to review their behaviour and interaction with others
  and assist them to practise positive behaviours in a safe and supportive environment





### CUSTOMER CARE AND THE CARE ACT HALF DAY

**AIM:** To provide an overview of the Care Act, its impact on the Council and the importance of excellent customer service.

#### **COURSE OUTCOMES:**

- Identify the Councils responsibilities under the Care Act
- Explain the changing customer profile
- Explain the Council's expectations of good customer service
- Describe how to respond to a customer in a fair, consistent and timely manner.
- Review complaints and share what can be learnt from them
- Identify effective skills in communication skills of courtesy, listening and empathy

### DELAYED DISCHARGE TRAINING ONE FULL DAY

**AIM:** To provide an overview of the guidance and legislation relating to hospital discharge.

#### **COURSE OUTCOMES:**

- Explain the local authority statutory responsibilities under Care Act around delayed discharges
- Identify when a patient becomes a 'delayed transfer of care'
- Describe the different categories of delayed transfer of care defined under DToC SITREP guidance
- Identify when a patient delay is attributable to the NHS, the local authority or both
- Explain the funding responsibilities for patients in hospital who may require continuing health care or other further health assessment

# **ENABLING AND SUPPORTING PEOPLE HALF DAY**

**AIM:** To provide an overview of person centred care and what this means in terms of planning support for clients.

- Describe how personal budgets work and how they link to Direct Payments
- Identify ways to manage expectations
- Explain how to ensure client remains actively engaged in care planning
- Identify when to introduce Independent Advocacy and how to access support
- List some of resources within the community and describe how to access them



### HOLDING CONSTRUCTIVE CONVERSATIONS HALF DAY

**AIM:** How to balance customer expectations with operational reality and work with customers and relatives to enable them to make decisions about their own care.

#### **COURSE OUTCOMES:**

- Identify what information to prepare and be able to plan in advance
- Describe ways to communicate information effectively
- Able to keep control of yourself during the conversation, understand your own reactions and develop effective responses
- Describe ways to build rapport
- Explain how to structure the conversation
- Describe how to deal with emotional responses sensitively and effectively
- Explain how to come to an agreement including follow up action and support
- Understand how to end a conversation when there is no agreement

#### HOARDING HALF DAY

AIM: To raise awareness of the impacts and risks of Hoarding.

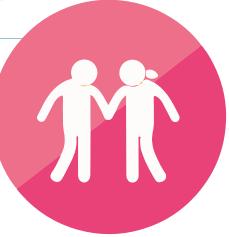
#### **COURSE OUTCOMES:**

- Identify the main mental health classification for hoarding
- Identify who the disorder may affect and potential triggers
- Describe the main risks to individuals that hoard
- Explain the impact and potential experience of hoarding on individuals and families
- Identify strategies to support individuals

### HOARDING INTEGRATED WORKING ONE FULL DAY

**AIM:** To understand ways of working of fostering multi agency working to support Hoarding.

- Describe the key principles of Hoarding and Self Neglect guidance
- Identify own role in referral and support and how to appropriate multi agency involvement
- Explain the links between Hoarding and Mental Health and where these apply to own role
- Explain common Safeguarding concerns/protocols when working within Hoarding.
- Describe ways to utilise the toolkit to ensure best practice approaches



### LEGAL UPDATE HALF DAY

**AIM:** To reflect on the Care Act's implementation so far, and case law established since its introduction.

#### **COURSE OUTCOMES:**

- Describe the key duties of the Act
- Explain the clarification of Ordinary Residence in the March 2016 update
- Describe the LD vs Oxfordshire and how this informs the wellbeing principle and decision making
- Describe the SG vs Haringey and explain how this informs advocacy

### LEGAL LITERACY ONE FULL DAY

**AIM:** To equip staff with the skills and knowledge to give evidence with confidence.

- Explain how both the adversarial and inquisitorial processes work
- Explain the key procedures, order of events and roles of those involved
- Explain why and how to prepare for giving evidence
- Identify skills in providing clear, honest and objective evidence
- Explain the appropriate use of supporting evidence
- Have knowledge of techniques lawyers use in cross examination and how to handle them



### MCA AND DOL'S ONE FULL DAY

**AIM:** To enable all employees to have a general understanding of their role and responsibilities in relation to the Mental Capacity Act 2005.

#### **COURSE OUTCOMES:**

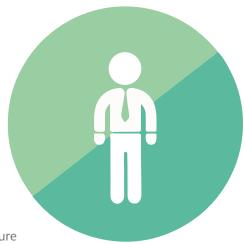
- Describe the main principles of the act
- Define the term mental capacity
- State who is affected by the provisions of the act
- Identify when it is appropriate to undertake assessment of capacity
- Describe key roles in the assessment process
- Identify what procedures to put into place to document decisions
- State the purpose, and limits of the DOL's, and proposed changes
- Describe how relevant agencies play a role in the DOLS safeguards
- Describe how DOLS referrals can be avoided by adopting the correct culture
- Define the role of the supervisory body, managing authority and inspectorate
- State the threshold of DOLS applications
- State how key issues; risk, consent, rights and capacity influence working practices and reporting procedures



**AIM:** To update on MCA and to explore barriers to implementation.

- Explain how MCA applies to those age 16 18
- Identify case law which helps to explain the interface between MHA and the MCA
- Explain how case law can be utilised to determine the complex relationship between rights and liberty
- Explain the expected changes from Deprivation of Liberty to Liberty Protection Safeguards
- Identify barriers faced in implementation of MCA in own role





### MENTAL HEALTH - CRISIS RISK MANAGEMENT ONE FULL DAY

**AIM:** To be able to develop a clinical crisis care plan.

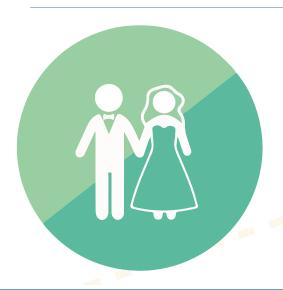
#### **COURSE OUTCOMES:**

- Identify affective, behavioural and cognitive changes that may be indicative of an escalating crisis
- Describe the range of internal and external factors that may trigger a crisis
- Identify own role in supporting the individual to identify strengths and assets that support a crisis self-management plan
- Describe the process of developing a clinical crisis care plan
- Describe how to utilise background information in clinical case notes and CPA to inform the clinical crisis care plan
- Identify appropriate safety and containment strategies (where appropriate)
- Explain the risks and benefits of using medication in crisis

### MENTAL HEALTH - FIRST AID ONE FULL DAY

**AIM:** To be able to identify and provide an initial response to individuals experiencing mental health concerns.

- Identify the early signs of a mental health concern
- Explain how to offer and provide initial help to a person experiencing a mental health issue
- Identify action to take to preserve life where a person may be at risk of harm to themselves zor others
- Identify ways of preventing deterioration in mental health
- Explain ways to promote recovery of good mental health
- List appropriate treatment and other sources of help
- Explain the stigma that exists around mental health





### ORDINARY RESIDENCE ONE FULL DAY

AIM: To understand the legal framework of ordinary residence.

#### **COURSE OUTCOMES:**

- Explain the legal framework for ascertaining a person's ordinary residence under:
  - The Care Act 2014, including safeguarding functions
  - The Deprivation of Liberty Safeguards Procedure
  - The Mental Health Act 1983 [as amended]
  - The Children Act 1989, including for those in transition to adult services
- Identify relevant case law that supports the factual and legal basis for determining ordinary residence.
- Describe the roles and responsibilities of the local authority and relevant partners where there is a dispute over funding for an adult with health or care and support needs
- Identify key critical analysis skills that can support defensible decision making



AIM: To gain an understanding of how to overcome barriers to positive risk taking.

#### **COURSE OUTCOMES:**

- Outline key principles of a positive risk-taking and risk enabling approach
- Explain the legal frameworks underpinning positive risk-taking
- Describe some of the skills required to enable client to take positive risks
- Identify a range of person centred tools that support positive risk taking
- Identify how you can develop your practice and a positive risk-taking mindset

# REPORT WRITING FOR SOCIAL CARE PROFESSIONALS ONE FULL DAY

**AIM:** To improve the overall standard of report writing and ensure those being used as evidence are professionally presented.

- Identify the issues to be addressed in your report
- Explain how to develop a structured approach to preparation and writing
- Explain how to express an independent view and arguing your conclusion
- Explain ways to present supporting information
- Describe ways to develop an objective and critical eye in relation to your report
- Identify software to support grammar and spelling



### SAFEGUARDING - UNDERTAKING AN ENQUIRY ONE FULL DAY

**AIM:** To have an understanding of role and responsibility to undertake and/or participate in a safeguarding enquiry.

#### **COURSE OUTCOMES:**

- Describe legislative and local policy developments in safeguarding
- Explain the components of Section 42 enquiry and its relationship to the 6 principles outlined in the Care Act.
- Describe ways to work in partnership and 'Make Safeguarding Personal'
- Identify the main steps in undertaking a Safeguarding Adults investigation/Enquiry
- Explain the different roles and responsibilities of the lead investigator/enquirer and other lead agencies
- Identify ways of representing the Adult at Risk (including Advocacy)
- Identify and develop a safeguarding plan
- Explain the process of Establishment Concerns investigations
- Identify action to take in Out of Area safeguarding alerts: role of funding and host authority

### SAFEGUARDING FOR MANAGERS (SAMS) ONE FULL DAY

**AIM:** To have an understanding of the roles and responsibilities of the Safeguarding Manager.

- Describe the purpose and key points of the London Multi Agency Policy
- Explain the 6 principles to Adult safeguarding practice in relation to own role
- Describe the role and responsibilities of the SAM
- Describe the role and limits of the Enquiry Officer
- Explain the role and powers of the SAM in influencing Risk Management
- Explain ways that SAM can Make Safeguarding Personal
- Identify strategies to proactively implement the internal audit framework





# TRANSITION SUPPORT UNDER THE CARE ACT AND CHILDREN AND FAMILIES ACT ONE FULL DAY

**AIM:** To have an understanding of legal responsibilities in transitions.

- Explain the core principles behind the Acts and expectations for children, young people and families in transition.
- Describe the ethos of the 'Preparing for Adulthood' national agenda to empower individuals to achieve greater outcomes
- Identify the referral process in relation to transitions
- Describe an overview of the core duties under the Children Act, the Children and Families Act and the Care Act including
  - Duties to assess and cooperate with relevant partners to provided integrated care
  - Rights to advocacy, decision making considerations including parental responsibility
  - Health care considerations, including NHSCHC
  - Education, EHC obligations pre and post 18
  - Duties owed for care leavers
  - Eligibility considerations and basic principles of ordinary residence in the light of the Cornwall case, the Act and the guidance focusing on moves into specialist supported living
  - Care planning duties, including personal budget and inter-departmental decision making about when to transition
- Identify the main barriers to poor transitions
- Review current practice and develop action plan for change



# UNDERSTANDING NO ACCESS TO PUBLIC RESOURCES IN CARE PROVISION

#### ONE FULL DAY

**AIM:** To enable all employees to understand the limits and powers of the Care Act in relation to – no recourse to public funds.

- Explain the terminology used in relation to persons from abroad
- Describe how to apply the prohibitions to social care provisions
- Explain the impact that a person's immigration status may have on the Local Authority's obligations to adults
- Identify how an immigration status may limit local authority obligations in:
  - Assessment, including Human Rights considerations
  - Provision, particularly of accommodation based support
  - Safeguarding adults at risk, including new duties owed under Modern Day Slavery Act 2015
- Explain the wider duties owed by the Local Authority to children, care leavers and families
- Explain the NHS role in providing healthcare to persons from abroad
- Identify alternative means of support to signpost individuals to if they are not eligible for support under the Care Act 2014



### REABLEMENT IN DEMENTIA CARE FIVE FULL DAYS

It is recommended that this is run as a five day programme, however individual days can be purchased.

### RISK AND POST-DIAGNOSIS PLANNING DAY ONE

#### **COURSE OUTCOMES:**

- Identify the three levels of risk reduction
- Describe tools that may be used to identify lifestyle risk factors.
- Explain practical strategies that can be put in place to minimise risks
- Identify the benefits, and process, of diagnosis
- Describe person centred ways of providing post diagnostic support



### MEDICATION AND HEALTH DAY TWO

#### **COURSE OUTCOMES:**

- Define co-morbidity
- Identify disorders which may co-exist with dementia
- Identify why managing these identified conditions may present additional challenges
- Identify the most common medications used to treat symptoms of dementia
- · Describe how these commonly used medications may affect individuals with dementia
- Describe the risks and benefits of anti-psychotic medication for individuals with dementia
- Identify how to assess for the effectiveness of medication
- Describe why it is important to record and report side effects/adverse reactions to medication

### ENVIRONMENT AND TECHNOLOGY DAY THREE

- Describe how changes to the brain effect the way an individual navigates an environment
- Describe ways to assess the dementia environment
- State the factors associated to design that can support orientation and self-identity
- Describe how to adapt the environment to minimise difficulties related to sensory impairment
- Describe changes that can be made to minimise the risk of falls, and to aid memory
- Describe dementia capable communities
- Describe the kinds of assistive technologies available to individuals with dementia



### POSITIVE INTERVENTION AND FAMILIES DAY FOUR

#### **COURSE OUTCOMES:**

- Contrast medical and social models of care
- Describe malignant social psychology and well-being in relation to dementia
- Identify a range of positive interventions in a home care setting
- Describe a range of cognitive stimulation approaches, including life history and reminiscence to support self-identify / self-esteem
- Identify ways to work positively, and include, with families

### ENABLEMENT AND INDEPENDENCE DAY FIVE

#### **COURSE OUTCOMES:**

- Define the terms 'enablement' and 'reablement' and 'rehabilitation'
- Explain 'positive risk taking'
- Identify tools to support strength based assessment
- Describe key activities in reablement
- Describe different approaches to promoting independence

Exercise

Relationships / community

Environment / technology

Control / self determination

