

## Course Information Sheet - Safeguarding Adults for Managers Level 5

Having a strong safeguarding strategy should be at the heart of all social care practice. However, many services fail to deliver a preventative approach to safeguarding and instead have a disproportionate approach to protection, are predominately reactive and fail to learn from mistakes. Systematically applying the 6 key principles of safeguarding can help cultivate a reflective service that learns and develops from its errors and near misses.

This course will prepare managers to have a strategic view of safeguarding in their own service. It will help them to determine the links between strength-based approaches, positive risk taking and Making Safeguarding Personal. It will help managers to understand the broader role of risk assessments as well as how to adopt creative approaches to fostering a shared vision and competency in their own teams. It will encourage managers to focus on quality of life, working preventatively, understanding proportionality and fostering stronger partnerships that will strengthen their safeguarding service.

Through group discussion and assessed work, the Safeguarding Adults for Managers Level 5 course delegates will develop a range of safeguarding strategies and a prevention plan.

This course is accredited with Advantage Accreditation Body to a Level 5. Candidates must complete all assessed work to pass the course. The course is delivered over two days and learners must attend both dates.

### Who should attend the Safeguarding Adults for Managers Level 5 course?

This course is suitable for managers and senior managers. Staff attending should have already completed a basic understanding of safeguarding and should have some strategic/management responsibility in the organisation they work in.

### What resources would be made available to the course attendants?

Candidates will receive

- Workbook
- Exams
- Handouts
- The 3Spirit PREVENT Safeguarding tool / Additional Tools and Resources

### How long is the course?

The guided learning hours for this course are 22. The course is delivered over four days. However, additional time should be allocated to complete the workbook and exams.

### How is the course assessed?

The course is accredited and therefore course candidates must complete the course assessment to achieve the award and the Level 5 Safeguarding Adults accreditation.

The Safeguarding Adults for Managers Level 5 course assessment includes:

- Completion of a workbook
- Completion of exams
- Completion (attendance) of the live training sessions to an appropriate standard

## Why should you complete this course? What is in it for you?

Investing in training in the short term can be preventative and reduce costs in the long term. Safeguarding inquiries prove to be costly to services. As an accredited course, our Safeguarding Level 5 course offers great employment prospects to potential future employers. This course offers enhanced skills and can also be used in conjunction with a teaching qualification by individuals wishing to deliver safeguarding training in their own service. Cascade safeguarding resources are available to support teaching and learning.

## What is the location, date and time of the course?

The course will run multiple times throughout 2021. It will be delivered online through Zoom.

### June 2021 Cohort (4-Day Programme):

- Day 1: Wednesday 9<sup>th</sup> June 2021: 10am – 1pm
- Day 2: Thursday 10<sup>th</sup> June 2021: 10am – 1pm
- Day 3: Tuesday 15<sup>th</sup> June 2021: 10am – 1pm
- Day 4: Wednesday 16<sup>th</sup> June 2021: 10am – 1pm

### September 2021 Cohort (4-Day Programme):

- Day 1: Wednesday 15<sup>th</sup> September 2021: 10am – 1pm
- Day 2: Thursday 16<sup>th</sup> September 2021: 10am – 1pm
- Day 3: Tuesday 21<sup>st</sup> September 2021: 10am – 1pm
- Day 4: Wednesday 22<sup>nd</sup> September 2021: 10am – 1pm

### December 2021 Cohort (4-Day Programme):

- Day 1: Wednesday 1<sup>st</sup> December 2021: 10am – 1pm
- Day 2: Thursday 2<sup>nd</sup> December 2021: 10am – 1pm
- Day 3: Tuesday 7<sup>th</sup> December 2021: 10am – 1pm
- Day 4: Wednesday 8<sup>th</sup> December 2021: 10am – 1pm

## What is the cost of the course and what are the payment options?

The cost of the course is £547 + VAT + Admin Fees; £699 in total. This needs to be paid before the start of the training. Refunds will only be applicable if at least 30 days' notice is given before the course start date. Tickets cannot be transferred to alternative course dates. Admin fees are non-refundable as per the Terms and Conditions. You can pay over termly instalments. Please do contact us to discuss payment options that would be suitable to you. You contact us via email at [info@3spirituk.com](mailto:info@3spirituk.com) or call us on 01442 368464.

## Book Courses

You can book a place onto any of the above dates [here](#).



The Aim of this Course is to Develop Skills in Leadership in Safeguarding

## Course Outcomes

### Days 1-2

- Describe the aims of safeguarding
- Explain the legislative framework for safeguarding
- Describe key underpinning policies to support adults at risk
  - MCA and consent to care and treatment
  - Health and safety
  - Person centered planning
  - Positive risk taking
  - Learning and development
  - Recording and sharing information
  - Recruitment
- Analyse how the 6 key principles underpin safeguarding
- Explain the key principle of proportionality
- Explain what is meant by prevention and protection within safeguarding
- Explain physical, psychological, sexual, financial and material abuse and neglect and acts of commission in relation to own service

## Days 3-4

8. Explain organisational, domestic, discrimination, modern slavery and self-neglect in relation to own service
9. Identify associated crimes
10. Describe the duty to protect children and think family
11. Explain the importance of whistleblowing and sharing information
12. Describe how Making Safeguarding Personal supports rights
13. Describe risk factors and ways to reduce them
14. Give examples of restrictive practices and ways to reduce them
15. Describe how prevention strategies can lead to positive outcomes
16. Explain how to record and respond to abuse appropriately
17. Explain the process of enquiry
18. Describe how to support people to safeguard themselves
19. Describe the role of The Safeguarding Board
20. Explain how we learn from SAR's to underpin policy development and quality assurance



## Course Mapping to National Standards

CQC – KLOE S1, S2, S3, E2, W1, W2, W4,

HSC 024 Principles of safeguarding and protection in health and social care A/601/8574

Level 5 Diploma in Leadership and Management for Adult Care - Unit Dilmac 8a Safeguarding and Protection in Adult Care

### **Understand requirements for safeguarding of vulnerable adults including:**

- The current legislative framework that underpins the safeguarding of vulnerable adults.
- How national and local guidelines, policies and procedures for safeguarding affect
  - ✓ day to day work with individuals
  - ✓ the managers' responsibilities towards individuals, their families and carers as well as team members
- Legal provisions in relation to whistleblowing

### **Lead the implementation of policies and procedures to support safeguarding of vulnerable adults including:**

- Ensure that all policies, procedures, systems and processes used in the work setting comply with legal requirements.
- Support team members to develop the knowledge and skills they need to safeguard vulnerable adults.
- Plan and implement the review and revision of policies and procedures to ensure continuous improvement in safeguarding of vulnerable adults, the review to include:
  - ✓ the views of vulnerable adults and those who are important to them
  - ✓ current guidance arising from serious case reviews
  - ✓ support systems for staff and others
  - ✓ liaison with external organisations
- Follow agreed protocols to participate in inter-agency, joint or integrated working in order to protect vulnerable adults.

### **Support safeguarding of children and young people encountered in an adult care service including:**

- Understand local systems for safeguarding children and young people and the manager's responsibilities.
- Support team members to understand why everyone has a responsibility to act on concerns about the abuse of a child or young person, and the actions to take if a concern, disclosure or allegation arises.

## Understand the use and impact of restrictive practices including:

- Definitions of 'restrictive practices', 'restraint' and 'hidden restraint'
- The impact on safety, dignity, relationships and wellbeing if restrictive practices are used.
- How person-centred practice and accurate assessment can minimise the use of restrictive practices.
- Organisational requirements and legal implications relating to restrictive practices including their use as a last resort.

## Level 3 Diploma in Adult Care - Unit DAC3F1 Promote Safeguarding and Protection in Care Settings

### Know how to recognise signs of abuse including:

- What is meant by the following terms:
  - Physical abuse
  - Domestic violence
  - Sexual abuse
  - Psychological abuse
  - Financial/material abuse
  - Modern slavery
  - Discriminatory abuse
  - Organisational abuse
  - Neglect/acts of omission
  - Self-neglect
- The signs and/or symptoms associated with each of these types of abuse
- Factors that may contribute to an individual being more vulnerable to abuse

### Know how to respond to suspected or alleged abuse including:

- The actions to take if there are suspicions that an individual is being abused
- The actions to take if an individual alleges that they are being abused
- Ways to ensure that evidence of abuse is preserved

**Understand the national and local context of safeguarding and protection from abuse including:**

- National policies and local systems that relate to safeguarding and protection from abuse.
- The roles of different agencies in safeguarding and protecting individuals from abuse
- Reports into serious failures to protect individuals from abuse
- Sources of information and advice about own role in safeguarding and protecting individuals from abuse, including whistle blowing.

**Understand ways to reduce the likelihood of abuse including:**

- How the likelihood of abuse may be reduced by
  - Working with person centred values
  - Encouraging active participation
  - Promoting choice and rights
- The importance of an accessible complaints procedure for reducing the likelihood of abuse

**Know how to recognise and report unsafe practices including:**

- Unsafe practices that may affect the wellbeing of individuals